Line-up Card	Line-up/Game card must be completed and turned into the official at pre-game. All players must be listed on the line-up card. If a player is injured, mark through that player's name and continue playing with no penalty to the team.
Warm Up	When a game is in session, no other teams may warm-up on the game field.
Game Time	70 minute time limit; Finish the inning. No new inning may start with less than 10 minutes to go.
Run Rule Limit	6 run limit per inning per team.
Players	All players bat. All players can play defense or free substitution on defense. A team must have at least 6 players to play (no penalty). And a team can play up to 4 outfielders. Only 6 players are allowed in the infield. Outfielders must be in grass and not on the infield dirt.
Pitching Machine	The machine will be set at 35mph and back leg is placed in front part of mound to keep machine from moving. Coach must simulate the pitch. If a ball hits the machine it's a dead ball and the runner is awarded first base. Other runners can only advance one base in a force position (this is a safety issue so kids are not fielding near the machine).
Batter	There will be a ball/strike count kept. A batter will have up to 5 pitches to hit a fair ball or she will be called out. Should the batter foul off a 5 th or 6 th pitch, she will be given a 7 th pitch. If the batter has still failed to hit a fair ball, she is out. Three swinging pitches is an out after the third missed swing. NO BUNTING is allowed. Slapping is allowed
Running	Runners must stay on the bag until the ball is batted into play. NO LEAD OFFS. The defense must stop the runner or pitcher has the ball in the circle and umpire calls time and play is dead. Any player that has not reached the half way mark when time is called must return to previous bag. The same goes for overthrows. There is NO one-base limit on overthrows for balls batted into play!
Stealing	No stealing!
Coaches	Coaches can be on the field during play. But cannot have player contact.
Injured Player	If a player is injured, the player who made the last out may take her place on base.
Mandatory Batting Order	Coaches should develop a batting order for the first game and follow that order for the entire season* – the on-deck batter at the conclusion of the game is the leadoff batter for the next game.
One Batting Order Revision Allowed*	Coaches are allowed one batting order change during the season.
Mandatory Defensive Player Rotation	No player should be on the bench for two consecutive innings. Except for injury or disciplinary reason.
Chanting	Chanting in the dugout is allowed. But no Negative chants towards other team.